

7th Path Self-Hypnosis® is a revolutionary new approach to self-improvement.

HOW YOU CAN LEARN 7TH PATH SELF-HYPNOSIS®

People from all around the world are learning 7th Path™ in the following ways:

1. Private Sessions is the high end approach to learning 7th Path.™ In private sessions you work one-on-one with a 7th Path Teacher/Hypnotist.

2. Taking Classes is a popular way to learn 7th Path. Classes are conducted by 7th Path teachers who guide you through the process and answer questions.

3. Classes are recorded as part of our distance learning approach to getting on the Path. These recordings also make a great way to review classes.

HOW DO I GET STARTED?

The first step in getting started is to check out our website

www.accessholistichealing.com/7path for more information or schedule a free consult by booking online at [Book FREE 30 Minute Consult](#) or call us at 239-776-2211.

7th Path Self-Hypnosis® Is the Ultimate Self-Help Method

Reduce Stress

Self-Confidence

Sleep Better

End Bad Habits

Improve Concentration

Improve Mood

Improve Sports Performance

Anger Management

Lose Weight

Relationship Issues

**Available-Online-For-Zoom-
Sessions (Secure & Encrypted)**

**Call for Information:
239-776-2211**



Access Holistic Healing
& Hypnosis

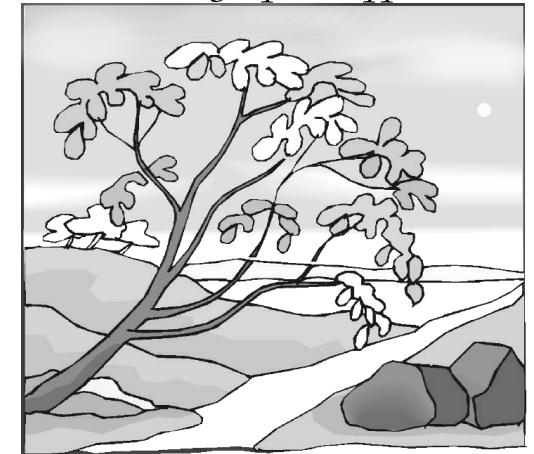
www.accessholistichealing.com

And, More...

SELF-HYPNOSIS

THE 7TH PATH™ WAY

Mind-Body-Spirit Approach



△ Relax and learn about the power of self-hypnosis, the 7th Path™ Way.

△ When you change your mind you can change your life! Learn how

7TH PATH SELF-HYPNOSIS®

7th Path™ is a revolutionary step forward in the use of hypnosis.

1. Mind-Body-Spirit Approach
2. Self-hypnosis is taught in the state of hypnosis.
3. Learn to deprogram your mind, eliminating old programs before you start giving yourself suggestions for change. This approach makes room for change.

PROS ARE TURNING TO SELF-HYPNOSIS

Self-hypnosis is used by many professional athletes to help them reach their potential. And, 7th Path Self-Hypnosis® goes beyond conventional forms of self-hypnosis, and way beyond mere visualization techniques of the past.

JOIN THE COMMUNITY

7th Path™ is a growing phenomenon, with practitioners around the world. So if you want to you can connect with others who are “on the Path” through the Internet or by joining in with a local group.

A Beautiful Mind-Body-Spirit Approach To Self-Improvement.

MAXIMIZE YOUR POTENTIAL BY USING A MIND-BODY-SPIRIT APPROACH

7th Path Self-Hypnosis® is a special form of self-hypnosis that encourages you to incorporate your own highest spiritual or philosophical beliefs.

This kind of approach brings a welcome focus to the practice of self-hypnosis, inviting this kind of power and wisdom into the process.

7TH PATH™ IS SIMPLE

In just a few hours you can master the techniques used in 7th Path Self-Hypnosis®. Anyone of normal intelligence who wants to learn this process can learn and use it to make powerful changes in their lives.

You will find that the process is simple, yet profound in its ability to help you move along in life, moving you past old blockages to success.

A typical course, whether done one-on-one, in a classroom or by listening to a recording, consists of:

- △ Explaining how the mind works
- △ How hypnosis works
- △ How to induce self-hypnosis
- △ How to construct hypnotic suggestions to make the changes that you want to make.

You can change your life with the Path!

IN THE PRIVACY OF YOUR OWN MIND

Many issues which could only be worked with through counseling or hypnosis can now be helped in the privacy of your own mind through 7th Path Self-Hypnosis.

With 7th Path Self-Hypnosis you don't have to tell anyone about your problem or about your past. The work is done completely within yourself.

If you decide that you would like to talk with someone about what you are doing or the issues that you are dealing with, I am a 7th Path teacher and a Nationally Certified Master Hypnotist who can help you to move through your issues more quickly if you wish.

DEVELOPED BY HYPNOSIS PROFESSIONALS

The 7th Path System of Self-Hypnosis® is the result of thousands of hours of hypnosis work conducted at the Banyan Hypnosis Center. Access Holistic Healing & Hypnosis offers classes monthly and online, as needed.

Member of the National Guild of Hypnotists.



Call: 239-776-2211