



Access Holistic Healing & Hypnosis®

(AHHH)

Presents

Brain Based **WELLNESS**

BrainTap Licensed Location:

840 111th Ave N,

Suite 8

Naples, FL 34108

Phone: 239-776-2211



 BrainTap



How is Your Brain Coping with Stress?

- Too much *fight-or-flight* activity without corresponding rest and relaxation is what distress is all about.
- The 21st Century is fast becoming the century of *Super-Stress*
- Thus, the need for *BrainTap*



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Brainwave Patterns

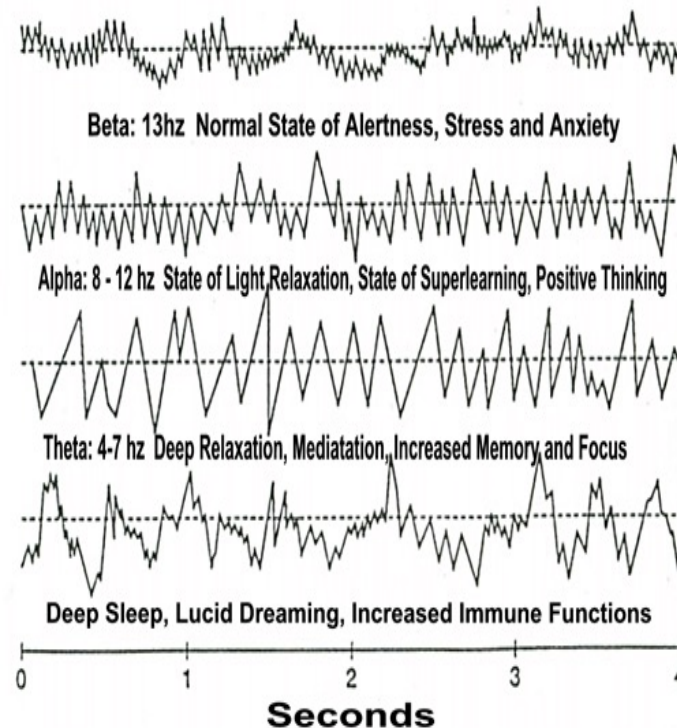
Four Primary Brainwave Frequencies

BETA = **Re-ACT-ionary**

ALPHA = **Intuitive**

THETA = **Inventive**

DELTA = **Other-than-Conscious**



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What is BrainTap

- Light & sound therapy to relax & retrain the brain/mind
- Two Parts to do this:
 - 1) Sound via an APP(discounted through AHHH)
 - 2) Headset
- From APP receive **sound**: proprietary produced by Dr Porter 'isochronic tones' 'binaural beats' & 'strategic messaging'
- From Headset receive **Light**: Auricular therapy(lights doing acupuncture on ears & blue lights across the eyes (eyes closed))





What are Isochronic Tones

- Equal intensity pulses of sound separated by an interval of silence.
- They turn on and off rapidly, but the speed depends on the desired brain frequency.
- The discrete nature of isochronic tones makes them particularly easy for the brain to follow.

Note: While binaural beats rely on balanced hearing in both ears, isochronic tones work effectively for nearly everyone, except for someone with complete hearing loss.



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What are Binaural Beats

1. Two separate tones of a slightly different pitch generate a binaural beat.
2. One tone is presented to the left ear and the other to the right ear.
3. Your brain combines the two tones to make a single new tone.
4. The single tone pulses to match the desired brainwave frequencies.
5. Your brain follows the pattern and creates the relaxed state.



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What do the lights do?

- **EAR Piece:** Sends 9 gentle light pulses that travel through the ear meridians, this is called Auricular therapy.
- **EYE Visor:** Send direct signals to the brain and guide you into deep relaxation.
- This innovative form of brainwave training is called frequency following response and provides maximum results in the least amount of time.



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BrainTap Technology

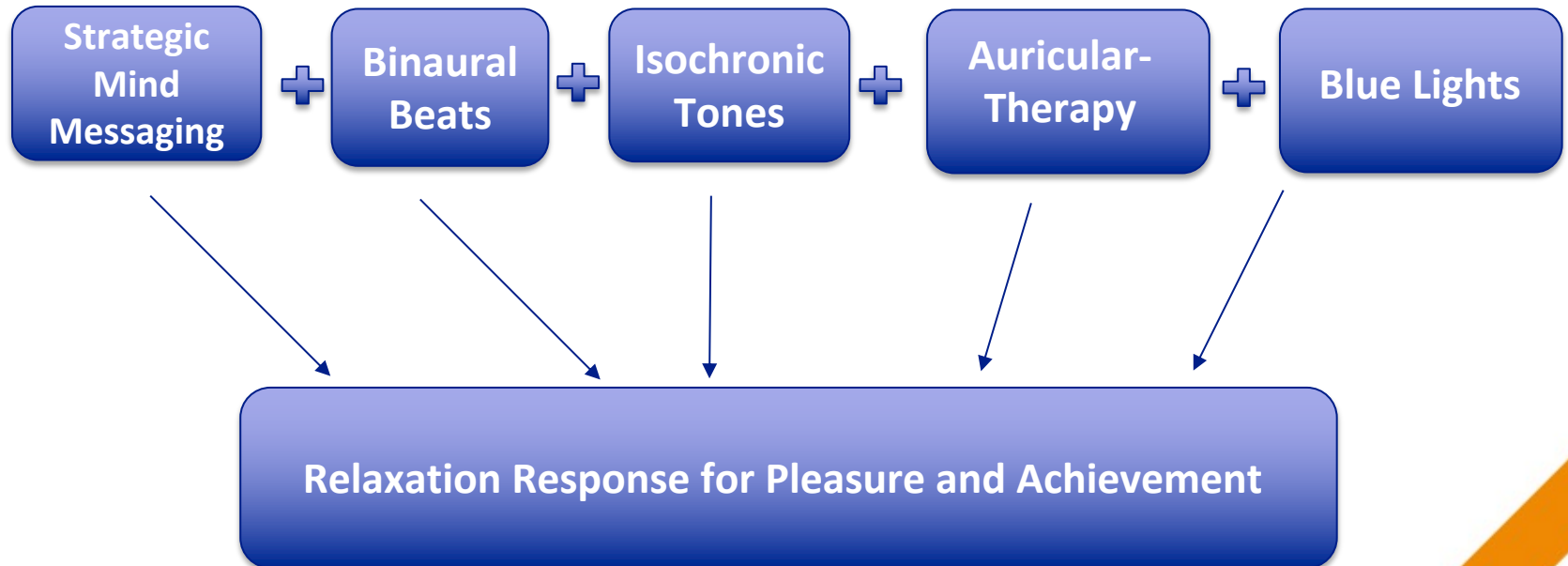
- Channels precise frequencies of light and sound into the brain
- The optic nerve picks up the light pulses, even with your eyes closed, while the pulsating audio frequencies synchronize the hemispheres of the brain
- Your body synchronizes with this pattern, creating the relaxation response



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Proprietary NeuroSensory Algorithms



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Brain-Based Wellness

- Works to eliminate unwanted habits, behaviors and thought patterns
- **Helps create positive new “ingrained habits.”**
- Creates resourceful states
- **Imprints goals in the other-than-conscious mind.**
- Provides positive mental rehearsal



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Brain-Based Wellness

- Reverses the fight-or-flight effect
- **Helps return the body to homeostasis**
- Enhances neuro-chemistry
- **Balances the hemispheres of the brain**
- Improves sleep, vitality & energy
- **Boosts the immune system**
- A key component in disease prevention, anti-aging and wellness



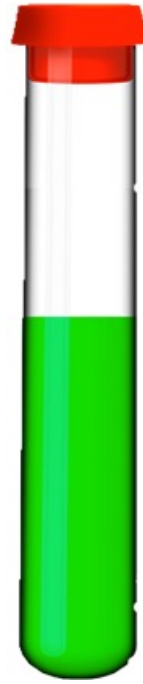
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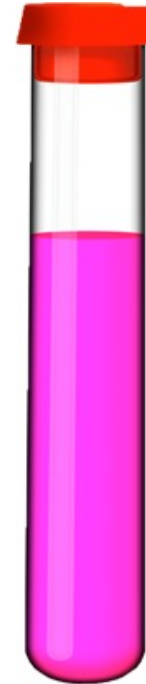
Neuro-chemical Levels After BrainTap



11%
Increase in
Norepine-
phrine
Levels



21%
Increase in
Serotonin
Levels



25%
Increase in
Beta-
Endorphin
Levels



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Source:

**Neurochemical
responses to Cranial
Electrical
Stimulation and
Photo-Stimulated
Wave**

**Synchronization by
Dr. Rodger K. Cady
and Dr. Norman
Shealy of the Forrest
Institute of
Professional
Psychology,
Springfield Missouri,
1990**



PowerUser Programs Available

Addiction
Airline
Alcohol
AM: Morning Start
Autism
Brainwaves
Cancer
Childbirth
Children
Chiropractic
Christian
Dentistry
Diabetes
Gluten-Free Lifestyle
Grief

Health
Heart Health
Irritable Bowel Syndrome
Ketogenic Diet
Learning
Life Improvement
Lyme Relief
Marketing Mindset
Medical Recovery
Meditation
Menopause
Musical Journeys

Neurology
Phobias
PM: Evening Reflect
PTSD
Public Speaking
Relationships
Sales Mastery
Sleep
Smoking Cessation
Sports
Stress
Wealth
Weight Loss
Writing

Over 1200 programs



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Change your Mind, Change your Life

- Circumstances **don't** determine stress levels
- **Thoughts, beliefs and actions do!**
- Brain-Based Wellness is about **enhancing** thoughts, beliefs and actions



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What is Possible Now?

- Request **free** session with headset
- Request via email for a link to receive **15 days free** of BrainTap Pro APP
- Request to purchase BrainTap at **AHHH client price** Retail ~~\$647~~



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Contact Info:



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Master Hypnotist**

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